

## Overview of ISO Graduate Orientation Schedule

(Attendance is required at ALL sessions)

### Registration

Visit the registration tables to register for orientation and begin meeting other new international students

### Welcome and Introductions

#### The ISO and You: Maintaining Your Legal Status.

**Meet the International Services Office (ISO) staff and learn important information about maintaining your legal immigration status while attending GW**

**Get to know each other!**

**Participate in icebreakers and activities to get to know other international students at GW!**

#### Adjusting to GW

Presenters: Staff from Multicultural Student Services and Mental Health Services, Colonial Health Center

In this session you will discover ways to adjust to life in the United States at George Washington University and how to get involved on-campus.

#### Staying Healthy and Safe at GW

Presenters: Staff from Colonial Health Center

This session provides information on U.S. healthcare, medical insurance coverage and how to maintain a healthy and safe lifestyle as a GW student.

#### Life at GW: Student Panel

Hear about the GW experience from your fellow students. Learn how you can get involved on-campus, adapt to DC and GW and be successful in the classroom from continuing international students. Bring your questions!

#### Getting Involved at GW: Student Engagement and Career Services

Presenters: Staff from Center for Career Services and Community Support and Leadership in the Center for Student Engagement

In this session you will hear about ways to get involved in the GW community, both on and off-campus.