Program P-1-2100
J-1 Exchange Visitor Program
Certification of Health Insurance Coverage

The Department of State (DOS) requires all J-1 exchange visitors **and** J-2 dependents to be covered by adequate medical insurance during their entire stay in the United States. It is the obligation of each exchange visitor to obtain and maintain such insurance. Failure to obtain or maintain adequate insurance for yourself or your J-2 dependents is a violation of DOS regulations, and will result in the termination of your exchange visitor program. Regulations define the following minimum coverage that is necessary:

- Medical benefits of at least $ 50,000 per accident or illness;
- Repatriation of remains in the amount of $ 7,500;
- Medical evacuation to your home country in the amount of $ 10,000;
- A deductible not to exceed $ 500 per accident or illness.
- The insurance policy must be underwritten by an insurance corporation having an A.M. Best rating of "A-" or above, an Insurance Solvency International, Ltd. (ISI) rating of "A-1" or above, a Standard & Poor's Clams-paying Ability of "A-" or above, a Weiss Research, Inc. rating of B+ or above, or insurance backed by the full faith and credit of the government of the exchange visitor's home country.

J-1 EXCHANGE VISITOR'S CERTIFICATION

I have read the above and certify that I and all my dependents who are currently in the United States in J-2 status (if applicable) currently have and will continue to maintain health insurance coverage according to the requirements as specified above. I will ensure that any dependents who enter the U.S. in J-2 status at a later date will be covered by such insurance immediately upon their arrival. I understand that failure on my part to obtain or maintain health insurance that meets the minimum requirements above for myself or my dependents will be cause for termination of my J-1 status, and that such termination will require me to depart the United States.

Today's Date	Print Name	Signature

Insurance coverage dates: From:	To: