COLONIAL HEALTH CENTER

Where Your HEALTH Is Central



Marvin Center, Ground Floor

healthcenter.gwu.edu

The **Colonial Health Center** provides high-quality, affordable care and resources to students. The center offers a range of confidential health services to support **medical and mental health needs**, as well as **promotion and prevention services** to guide students in maintaining a healthy lifestyle.

Along with health resources for students, the Colonial Health Center houses the **GW Parenting Initiative**, which strives to create a model program of parenting education, support and research.

MEDICAL SERVICES

202.994.6827 medservices@gwu.edu

The Colonial Health Center provides easy access to medical care and is staffed by medical providers with training, experience and a deep commitment for service to college health.

- Primary care
- Urgent care
- Laboratory testing
- **▶** Immunizations
- Student health insurance
- Initial psychiatric evaluation and shortterm treatment

MENTAL HEALTH SERVICES

202.994.5300 counsel@gwu.edu

The Colonial Health Center offers counseling and mental health services to students in a safe, non-judgmental and confidential environment.

- Short-term individual and group counseling
- Crisis intervention
- Assessment and testing
- Consultation regarding students of concern
- Assistance with accessing off-campus mental health resources and referrals
- Recovery support

HEALTH PROMOTION AND PREVENTION SERVICES

202.994.2599 prevention@gwu.edu

The Colonial Health Center's health promotion and prevention services help educate students regarding responsible decision making, becoming active participants in their own health care and promoting habits that will enhance their quality of life on campus.

- ▶ "Be Wiser" initiative
- "George's Heroes"
 bystander intervention education
- Brief interventions alcohol and marijuana
- Harm- and risk-reduction education
- Physical and mental health outreach
- Peer education

PARENTING INITIATIVE

202.994.2503 GWPi@gwu.edu

The GW Parenting Initiative at the Colonial Health Center strives to provide a model program of parenting and breastfeeding education, support and research.

- Parenting resources
- Breastfeeding resources
- Motherhood rooms



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