Welcome to GW! This Welcome Guide will help you familiarize yourself with GW, the Foggy Bottom Campus, and Washington, D.C. area. Raise High!

**NEW INTERNATIONAL STUDENT CHECKLIST**
- Get your GWID (log on to go.gwu.edu/myGWid for more information)
- Register for Classes (banweb.gwu.edu)
- Get your U.S. Phone Number
- Open a Bank Account
- Complete your eCheck-in on ISOGateWay (go.gwu.edu/GWISO)
- Update your Contact Information (Address and Phone Number) on GWeb
- Attend the New International Student Orientation
- Check out the The HUB videos (go.gwu.edu/gwisoevents) to learn important first year tips that will help you get settled into GW
- Get connected and join a Student Organization (gwu.campuslabs.com/engage)
- Get your U•Pass (business-services.gwu.edu/upass)
- Don’t stress! You are in for a treat!

**SAFETY TIPS**

**IN CASE OF EMERGENCY**
- CALL 911 or GWPD/EMeRG (202-994-6111)
- D.C. FIRE SERVICES (202-462-1762)

**Stay Informed**
- go.gwu.edu/covid19
- Campus Advisories (campusadvisories.gwu.edu)
- GW Guardian App (safety.gwu.edu/gw-guardian-app)
- GW Alert (safety.gwu.edu)
- Alert DC (hsema.dc.gov/page/alertdc)
- GW Information Line (202-994-5050)

**Crisis Hotlines**
- GW CHC Suicide Help (202-994-5300 and press option 2)
- GW Sexual Assault Response & Consultation Team (202-994-7222)

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**Take self-defense classes offered by the GW Police Department for free!**

**PHONE PLANS AND SERVICES**

<table>
<thead>
<tr>
<th>Phone Services</th>
<th>Price/Month</th>
<th>Plan</th>
<th>International/Additional Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verizon</td>
<td>$75 – $95</td>
<td>Unlimited Talk, Text, and Data</td>
<td>• $10 off/month on Unlimited plans for students</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Free calls/texts to Mexico and Canada</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Free Disney+, Discovery+, Apple Arcade, Google Play Pass, and Apple Music for 6 months</td>
</tr>
<tr>
<td>Mint Mobile</td>
<td>$15 – $30</td>
<td>Unlimited Talk, Text, and Data</td>
<td>• Prepaid</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Free unlimited calls to Mexico and Canada</td>
</tr>
<tr>
<td>T-Mobile</td>
<td>$60 - $85</td>
<td>Unlimited Talk, Text, and Data</td>
<td>• 2G data in Mexico &amp; Canada</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>• Free roaming in 210+ countries</td>
</tr>
<tr>
<td>AT&amp;T</td>
<td>$70 – $80</td>
<td>Unlimited Talk, Text, and Data</td>
<td>• Unlimited talk, text, &amp; data in Mexico &amp; Canada</td>
</tr>
<tr>
<td>CT Excel Internet</td>
<td>$20 – $50</td>
<td>Unlimited Talk, Text, and 7GB Data</td>
<td>• Free calls/texts to Asia</td>
</tr>
</tbody>
</table>

Note: Prices may vary based on your specific plan. Please contact individual service providers for more information.

- Family plans available without SSN
- Student discount available
- Coverage
FOOD: AFFORDABLE OPTIONS

A. Litteri ($$)
Bullfrog Bagels ($) 
CopyCat Co. ($$) 
KoChix Chicken ($) 
Panera Bread ($) with GW 
Poppa Box ($) with GW 
The Pretzel Bakery ($) with GW 
&Pizza ($) with GW

Meal Delivery Services
DoorDash
Postmates
GrubHub
Uber Eats

Meal Deals and Discounts
For more details, visit go.gwu.edu/mealdeals
For a full list of GW Dining Partners who accept GWorld, visit: dining.gwu.edu/where-eat

FOOD: GLOBAL CUISINE

Asian
Jinya Ramen ($$) with GW
Sichuan Pavilion ($$) with GW
Himalayan Heritage ($$) with GW

European
Alta Strada ($) with GW
Ambar ($) with GW
Bistrot du Coin ($) with GW
Boqueria ($) with GW
Il Canale ($) with GW

African
Chercher Ethiopian Restaurant ($) with GW
Keren Café and Restaurant ($) with GW
Das Ethiopian ($) with GW
Bukom Café ($) with GW

Middle-Eastern
Amsterdam Falafel Shop ($) with GW
George’s King of Falafel ($) with GW
Yafa Grille ($) with GW

American
Busboys and Poets ($) with GW
Founding Farmers ($) with GW
Duke’s Grocery ($) with GW
TED’s Bulletin ($) with GW

All Vegetarian/Vegan
Chaia ($) with GW
Toki Underground ($) with GW
Vegz ($) with GW
Equinox Restaurant ($) with GW

Latin American
Los Hermanos ($) with GW
El Tamarindo ($) with GW
El Chalan ($) with GW
Mi Cuba Café ($) with GW

Various Cuisines
Western Market ($) with GW

BANKING OPTIONS

<table>
<thead>
<tr>
<th>Bank</th>
<th>Benefits</th>
<th>Credit Card Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bank of America (Core Checking)</td>
<td>• $12 monthly fee can be waived for college students under age 24.</td>
<td>Discover Bank</td>
</tr>
<tr>
<td></td>
<td>• Students are protected by $0 liability guarantee.</td>
<td>Capital One</td>
</tr>
<tr>
<td>Citibank (Basic Banking)</td>
<td>• No minimum checking deposit and no overdraft or ATM fees.</td>
<td>Bank of America</td>
</tr>
<tr>
<td></td>
<td>• $10 - $30 monthly fee.</td>
<td>Petal (no annual fee)</td>
</tr>
<tr>
<td></td>
<td>• Monthly fee can be waived if balance is above $1500.</td>
<td>Deserve EDU (no SSN required)</td>
</tr>
<tr>
<td>PNC Bank (Virtual Wallet Student)</td>
<td>• No monthly service charge (up to 6 years).</td>
<td>Please contact individual banks for more information.</td>
</tr>
<tr>
<td></td>
<td>• One incoming domestic or international wire transfer per statement period at no charge.</td>
<td></td>
</tr>
<tr>
<td>Truist (One Checking)</td>
<td>• No monthly fee for students under age 25.</td>
<td>------------------------------</td>
</tr>
<tr>
<td></td>
<td>• Can transfer money using Zelle.</td>
<td>------------------------------</td>
</tr>
</tbody>
</table>

For information on international payment options, please visit studentaccounts.gwu.edu/international-payments.
ISCA
INTERNATIONAL STUDENT COMMUNITY AMBASSADORS (ISCA) PRESENT:

GW INTERNATIONAL STUDENTS’ WELCOME GUIDE

COLLEGE TEXTBOOK RESOURCES

Step 1:
Check your class syllabus on GW Blackboard

Step 2:
You can choose to rent or buy books

Step 3:
Check out these useful resources:
- Gelman Library, Himmelfarb
- Health Sciences Library, Jacob
- Burns Law Library and Eckles Library (Mount Vernon Campus)
- Amazon Prime Student
- GW Campus Store
- Chegg.com
- Abebooks.com
- GetTextbooks.com

FUN THINGS TO DO IN D.C.

- Smithsonian Museums and Galleries. Check go.gwu.edu/smuseums for opening dates & plans.
- Spend the day exploring Georgetown! We recommend a 20 minute walk while you admire the scenic waterfront, the beautiful architecture, and the mesmerizing cobbled pathways of Georgetown.
- Need a relaxing escape from the city? Great Falls, Rock Creek Park, Theodore Roosevelt Island, National Harbor
- Explore the different memorials in the course of your daily walk or run! Lincoln Memorial, Korean War Veterans Memorial, Vietnam Veterans Memorial, Thomas Jefferson Memorial, Martin Luther King, Jr. Memorial
- Take a bus tour of the city and stop at different tourist attractions. Check bigbustours.com/en/washington-dc/washington-dc-bustours/

SELECT SERVICES

<table>
<thead>
<tr>
<th>Office</th>
<th>Services</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Services Office (ISO)</td>
<td>Immigration, adjustment, and advocacy support for all international students</td>
<td>internationalservices.gwu.edu</td>
</tr>
<tr>
<td>Career Services</td>
<td>Career and professional development support and resources</td>
<td>careerservices.gwu.edu</td>
</tr>
<tr>
<td>Multicultural Student Services Center</td>
<td>Hosts international events, cross-cultural communication, and community building for all ethnicities and backgrounds</td>
<td>mssc.gwu.edu</td>
</tr>
<tr>
<td>Colonial Health Center</td>
<td>Primary health care services, vaccinations, counseling, mental health support, and student health insurance.</td>
<td>healthcenter.gwu.edu</td>
</tr>
<tr>
<td>Disability Support Services</td>
<td>Assistance and support to students with disabilities</td>
<td>disabilitysupport.gwu.edu</td>
</tr>
<tr>
<td>Title IX- Haven</td>
<td>Resources related to sexual or gender-based harassment, sexual assault, sexual exploitation, intimate partner violence and stalking</td>
<td>haven.gwu.edu</td>
</tr>
<tr>
<td>Student Services Hub</td>
<td>Offices of Student Financial Assistance, Student Accounts and Registrar</td>
<td>studentserviceshub.gwu.edu</td>
</tr>
<tr>
<td>Tax Department</td>
<td>Resource for tax issues</td>
<td>taxdepartment.gwu.edu</td>
</tr>
<tr>
<td>IT Support Center</td>
<td>In-person technology assistance</td>
<td>it.gwu.edu</td>
</tr>
<tr>
<td>Academic Commons</td>
<td>One-stop shop for academic services and support across campus</td>
<td>academiccommons.gwu.edu</td>
</tr>
<tr>
<td>University Writing Center</td>
<td>Free tutoring and support to help you become a better writer</td>
<td>writingcenter.gwu.edu</td>
</tr>
<tr>
<td>Language Center</td>
<td>Facilitates and promotes foreign language studies</td>
<td>languagecenter.columbian.gwu.edu</td>
</tr>
<tr>
<td>Lost and Found</td>
<td>2145 G Street, NW</td>
<td>facilities.gwu.edu/lost-found</td>
</tr>
<tr>
<td>Campus Recreation</td>
<td>Campus recreation center</td>
<td>campusrecreation.gwu.edu</td>
</tr>
<tr>
<td>GW Police Department</td>
<td>Provides residential hall security and patrol services to the Foggy Bottom and Mount Vernon campuses and oversees security at the VSTC campus</td>
<td>safety.gwu.edu/police</td>
</tr>
</tbody>
</table>
INTERNATIONAL STUDENT COMMUNITY AMBASSADORS (ISCA) PRESENT:

GW INTERNATIONAL STUDENTS’ WELCOME GUIDE

HOME ESSENTIALS

Amazon ($)
Bed, Bath & Beyond ($$$)
Best Buy ($$)
CVS Pharmacy ($) Gap
Macy’s ($$)
Nordstrom Rack ($$$)
Zara ($$$)

Georgetown
Banana Republic ($$$)
H&M ($)
Loft ($$)
The North Face ($$$)
TJ-Maxx ($)

Malls
Fashion Centre at Pentagon City ($$)
Mall in Columbia ($$)
Potomac Mills ($$)
Tysons Corner Center ($$)

Outlet Malls
Arundel Mills ($$)
Clarksburg Premium Outlet ($$)
Leesburg Corner Premium Outlets ($$)
Tanger Outlets National Harbor ($$)

Clothing

Downtown D.C. (City Center)
Gap ($$)
Macy’s ($$)
Nordstrom Rack ($$$)
Zara ($$$)

Georgetown
Banana Republic ($$$)
H&M ($)
Loft ($$)
The North Face ($$$)
TJ-Maxx ($)

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Fashion Centre at Pentagon City ($$)
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Outlet Malls
Arundel Mills ($$)
Clarksburg Premium Outlet ($$)
Leesburg Corner Premium Outlets ($$)
Tanger Outlets National Harbor ($$)

GROCERY

ALDI ($)
Giant Food ($$)
Safeway ($$)
Trader Joe’s ($$)
Wegmans ($$)
Whole Foods ($$$)
7-Eleven ($) GW

International Market
Euro Foods International ($$)
Good Fortune Supermarket ($$)
H Mart ($$)
India A1 Grocery ($$)
Lotte Plaza Market ($)
Megamart ($)
Patel Brothers ($$)

Time is of the essence
Plan your trip to the grocery store:
• Make a shopping list to speed up the shopping process
• Visit the store website and make a note of the items you wish to purchase and their location at the store

Online Shopping
Instacart

WHAT DO WE HAVE PLANNED FOR YOU?

The HUB:
Watch The HUB videos on our website to get important tips that will help you navigate your first-year at GW! Topics include: GW Academic Life, U.S. Culture, and Community and Support at GW.

Career & Immigration Workshops:
Designed to help you in your job/ internship search and work authorization process.

Social and Cultural Events:
Explore diverse cultures and socialize with international students from all over the world. Hint: join us for delicious treats!

Connect with the ISO!
International Services gwu.edu
fosGW
@gwuiso
@GW_ISO
To learn more about ISO events and to register, visit go.gwu.edu/gwisoevents.

CONNECT WITH THE ISCAs

The International Student Community Ambassadors (ISCAs) are international students (just like you!) who are committed to helping you make the most of your time here at GW! We serve as peer mentors to newly admitted students and are here to answer any questions you have about GW, living in D.C., and many more. You can ask us anything! We also provide advising (on career and general issues) and host events (professional, cultural, and social) specifically designed for all international students.

Meet with an ISCA
Want to review your résumé or practice for an interview? Interested in learning about how to get involved at GW? Just need someone to talk to about anything? Schedule an appointment to meet with an ISCA on Handshake! We are here to help you! You can also send in urgent concerns or queries via email and an ISCA will get back to you as soon as possible.

Connect with us!
@gwisca@gwu.edu
@gw.isca
@gw_jisa
To schedule an appointment with the ISCAs, visit go.gwu.edu/iscaadvising.