Welcome to GW! This Welcome Guide will help you familiarize yourself with GW, the Foggy Bottom Campus, and Washington, D.C. area. Raise High!

**NEW INTERNATIONAL STUDENT CHECKLIST**

- Get your GWID (log on to go.gwu.edu/myGWid for more information)
- Register for Classes (banweb.gwu.edu)
- Get your U.S. Phone Number
- Open a Bank Account
- Complete your eCheck-in on ISOGateWay (go.gwu.edu/GWISO)
- Update your Contact Information (Address and Phone Number) on GWeb
- Attend the New International Student Orientation
- Check out the ISO Events & Programming (go.gwu.edu/gwisoevents) to learn important first year tips that will help you get settled into GW
- Get connected and join a Student Organization (gwu.campuslabs.com/engage)
- Get your U-Pass (business-services.gwu.edu/upass)
- Don’t stress! You are in for a treat!

**WELCOME TO GW**

**PHONE PLANS AND SERVICES**

<table>
<thead>
<tr>
<th>Phone Services</th>
<th>Price/Month</th>
<th>Plan</th>
<th>International/Additional Services</th>
</tr>
</thead>
</table>
| Verizon        | $75 – $95   | Unlimited Talk, Text, and Data | • $10 off/month on Unlimited plans for students  
|                |             |      | • Free calls/texts to Mexico and Canada  
|                |             |      | • Free Disney+, Discovery+, Apple Arcade, Google Play Pass, and Apple Music for 6 months |
| Mint Mobile    | $15 – $30   | Unlimited Talk, Text, and 5G-Unlimited Data | • Prepaid  
|                |             |      | • Free unlimited calls to Mexico and Canada |
| T-Mobile       | $60 - $85   | Unlimited Talk, Text, and Data | • 2G data in Mexico & Canada  
|                |             |      | • Free roaming in 210+ countries |
| AT&T           | $70 - $80   | Unlimited Talk, Text, and Data | • Unlimited talk, text, & data in Mexico & Canada |

Note: Prices may vary based on your specific plan. Please contact individual service providers for more information.

**SAFETY TIPS**

**IN CASE OF EMERGENCY**

- CALL 911 or GWPD/EMeRG (202-994-6111)
- D.C. FIRE SERVICES NON-EMERGENCY LINE (202-673-3320)

**Stay Informed**

- go.gwu.edu/covid19
- Campus Advisories (campusadvisories.gwu.edu)
- GW Guardian App (safety.gwu.edu/gw-guardian-app)
- GW Alert (safety.gwu.edu)
- Alert DC (hsema.dc.gov/page/alertdc)
- GW Information Line (202-994-5050)
- GW CHC Suicide Help (202-994-5300 and press option 2)
- GW Sexual Assault Response & Consultation Team (202-994-7222)

**Crisis Hotlines**

- Sign up for SMS alerts
- Visit website for alerts

Take self-defense classes offered by the GW Police Department for free!
FOOD: AFFORDABLE OPTIONS

A. Litteri ($$)
Bullfrog Bagels ($)
CopyCat Co. ($$)
KoChix Chicken ($)
Panera Bread ($)\(^\d\)\(^\text{GW}\)
Poppa Box ($)\(^\text{GW}\)
The Pretzel Bakery ($)\(^\text{GW}\)
&Pizza ($)\(^\text{GW}\)

Meal Delivery Services
DoorDash
GrubHub
Uber Eats

Meal Deals and Discounts
For more details, visit go.gwu.edu/mealdeals
For a full list of GW Dining Partners who accept GWorld, visit: dining.gwu.edu/where-eat

FOOD: GLOBAL CUISINE

Asian
Himalayan Heritage ($$)
Jinya Ramen ($$)
One Fish Two Fish ($$)
Sichuan Pavilion ($$)

American
Busboys and Poets ($$)
Duke’s Grocery ($$)\(^\text{GW}\)
Founding Farmers ($$)
TED’s Bulletin ($$)

All Vegetarian/Vegan
Chaia ($)
Equinox Restaurant ($$$)
Toki Underground ($$)
Vegz ($$)

Latin American
El Tamarindo ($$)
Los Hermanos ($$)
Mi Cuba Café ($)

Middle Eastern
Amsterdam Falafel Shop ($)
Falafel Inc. ($)
Fava Pot ($$)

Various Cuisines
Immigrant Food ($)
Western Market ($-$$)

BANKING OPTIONS

<table>
<thead>
<tr>
<th>Bank</th>
<th>Benefits</th>
<th>Credit Card Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bank of America (Core Checking)</td>
<td>• $12 monthly fee can be waived for college students under age 24.</td>
<td>Discover Bank</td>
</tr>
<tr>
<td></td>
<td>• Students are protected by $0 liability guarantee.</td>
<td>Capital One</td>
</tr>
<tr>
<td>Citibank (Basic Banking)</td>
<td>• No minimum checking deposit and no overdraft or ATM fees.</td>
<td>Bank of America</td>
</tr>
<tr>
<td></td>
<td>• $10 - $30 monthly fee.</td>
<td>Petal (no annual fee)</td>
</tr>
<tr>
<td></td>
<td>• Monthly fee can be waived if balance is above $1500.</td>
<td>Deserve EDU (no SSN required)</td>
</tr>
<tr>
<td>PNC Bank (Virtual Wallet Student)</td>
<td>• No monthly service charge (up to 6 years).</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• One incoming domestic or international wire transfer per statement period at no charge.</td>
<td></td>
</tr>
<tr>
<td>Truist (One Checking)</td>
<td>• No monthly fee for students under age 25.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Can transfer money using Zelle.</td>
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</tr>
</tbody>
</table>

For information on international payment options, please visit go.gwu.edu/gwuintlpayments.

\(^\d\) Less than 2 miles from GW
\(^\text{GW}\) More than 2 miles from GW
GWorld accepted

* Call and check in with restaurants regarding dining options, allergy information, pricing, or contactless delivery.
Step 1:
Check your class syllabus on GW Blackboard

Step 2:
You can choose to rent or buy books

Step 3:
Check out these useful resources:

• Gelman Library, Himmelfarb
  Health Sciences Library, Jacob
  Burns Law Library and Eckles
  Library (Mount Vernon Campus)
• Amazon Prime Student
• GW Campus Store
• Chegg.com
• Abebooks.com
• GetTextbooks.com

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• Chegg.com
• Abebooks.com
• GetTextbooks.com

Smithsonian Museums and Galleries. Check go.gwu.edu/smuseums for opening dates & plans.

Spend the day exploring Georgetown! We recommend a 20 minute walk while you admire the scenic waterfront, the beautiful architecture, and the mesmerizing cobbled pathways of Georgetown.

Need a relaxing escape from the city? Great Falls, Rock Creek Park, Theodore Roosevelt Island, National Harbor

Explore the different memorials in the course of your daily walk or run! Lincoln Memorial, Korean War Veterans Memorial, Vietnam Veterans Memorial, Thomas Jefferson Memorial, Martin Luther King Jr. Memorial

Take a bus tour of the city and stop at different tourist attractions. Check bigbustours.com/en/washington-dc/washington-dc-bus-tours/

<table>
<thead>
<tr>
<th>Office</th>
<th>Services</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Services Office (ISO)</td>
<td>Immigration, adjustment, and advocacy support for all international students</td>
<td>internationalservices.gwu.edu</td>
</tr>
<tr>
<td>Career Services</td>
<td>Career and professional development support and resources</td>
<td>careerservices.gwu.edu</td>
</tr>
<tr>
<td>Multicultural Student Services Center</td>
<td>Hosts international events, cross-cultural communication, and community building for all ethnicities and backgrounds</td>
<td>mssc.gwu.edu</td>
</tr>
<tr>
<td>Colonial Health Center</td>
<td>Primary health care services, vaccinations, counseling, mental health support, and student health insurance.</td>
<td>healthcenter.gwu.edu</td>
</tr>
<tr>
<td>Disability Support Services</td>
<td>Assistance and support to students with disabilities</td>
<td>disabilitysupport.gwu.edu</td>
</tr>
<tr>
<td>Title IX - Haven</td>
<td>Resources related to sexual or gender-based harassment, sexual assault, sexual exploitation, intimate partner violence and stalking</td>
<td>haven.gwu.edu</td>
</tr>
<tr>
<td>Student Services Hub</td>
<td>Offices of Student Financial Assistance, Student Accounts and Registrar</td>
<td>studentserviceshub.gwu.edu</td>
</tr>
<tr>
<td>Tax Department</td>
<td>Resource for tax issues</td>
<td>taxdepartment.gwu.edu</td>
</tr>
<tr>
<td>IT Support Center</td>
<td>In-person technology assistance</td>
<td>it.gwu.edu</td>
</tr>
<tr>
<td>Academic Commons</td>
<td>One-stop shop for academic services and support across campus</td>
<td>academiccommons.gwu.edu</td>
</tr>
<tr>
<td>University Writing Center</td>
<td>Free tutoring and support to help you become a better writer</td>
<td>writingcenter.gwu.edu</td>
</tr>
<tr>
<td>Language Center</td>
<td>Facilitates and promotes foreign language studies</td>
<td>languagecenter.columbian.gwu.edu</td>
</tr>
<tr>
<td>Lost and Found</td>
<td>2145 G Street, NW</td>
<td>facilities.gwu.edu/lost-found</td>
</tr>
<tr>
<td>Campus Recreation</td>
<td>Campus recreation center</td>
<td>campusrecreation.gwu.edu</td>
</tr>
<tr>
<td>GW Police Department</td>
<td>Provides residential hall security and patrol services to the Foggy Bottom and Mount Vernon campuses and oversees security at the VSTC campus</td>
<td>safety.gwu.edu/police</td>
</tr>
</tbody>
</table>

The George Washington University
Washington, DC

ISCA
International Services Office
HOME ESSENTIALS

Amazon ($)
Bed, Bath & Beyond ($$)
Best Buy ($$)
CVS Pharmacy ($) GW
Ikea ($) Target ($$)
Walmart Supercenter ($) TJ Maxx ($) 

CLOTHING

Downtown D.C. (City Center)
Macy’s ($$) Nordstrom Rack ($$) Zara ($$)
Georgetown
Banana Republic ($$$) H&M ($) Loft ($) The North Face ($$$) TJ-Maxx ($) 

GROCERY

ALDI ($) Giant Food ($$)
Safeway ($$)
Trader Joe’s ($$$)
Wegmans ($$$)
Whole Foods ($$$) 7-Eleven ($) 

International Market
Euro Foods International ($$)
Good Fortune Supermarket ($$)
H Mart ($) India A1 Grocery ($) Lotte Plaza Market ($) Megamart ($) Patel Brothers ($$) 

Grocery

Time is of the essence
Plan your trip to the grocery store:
• Make a shopping list to speed up the shopping process
• Visit the store website and make a note of the items you wish to purchase and their location at the store

WHAT DO WE HAVE PLANNED FOR YOU?

Immigration Workshops:
Learn about important topics such as work authorization processes and filing taxes as an international student.

Career Support:
Join the ISCAs to level up your networking, job search skills, and interview skills as an international student!

Social and Cultural Events:
Explore diverse cultures and socialize with international students from all over the world. Hint: join us for delicious treats!

Connect with the ISO!
International services.gwu.edu
isoGW
@gwuiso
@GW_ISO

To learn more about ISO events and to register, visit go.gwu.edu/gwisoevents.

CONNECT WITH THE ISCAs

The International Student Community Ambassadors (ISCAs) are international students (just like you!) who are committed to helping you make the most of your time here at GW! We serve as peer mentors to newly admitted students and are here to answer any questions you have about GW, living in D.C., and many more. You can ask us anything! We also provide advising (on career and general issues) and host events (professional, cultural, and social) specifically designed for all international students.

Meet with an ISCA
Want to review your résumé or practice for an interview? Interested in learning about how to get involved at GW? Just need someone to talk to about anything? Schedule an appointment to meet with an ISCA on Handshake! We are here to help you! You can also send in urgent concerns or queries via email and an ISCA will get back to you as soon as possible.

Connect with US!
gwisca@gwu.edu @gw_isca	
/GWUISCA @GW_ISCA

To schedule an appointment with the ISCAs, visit go.gwu.edu/iscaadvising.
**TRANSPORTATION**

**Cab Services**
- Uber
- Lyft
- Via

**Metro and Bus**
- WMATA
  - Transit
  - Moovit
  - DC Circulator

**Car Rental Services**
- Zipcar
- *Free2Move
- *U-Haul (trucks for moving)

**Other Options**
- Capital Bikeshare ($25 annual membership for students)
- *Electric Scooter (Lime, Bird, Lyft, Spin)

**GW Services**
- Safe Ride (free rides around campus from 8pm - 4am. For more information, visit transportation.gwu.edu/safe-ride)

*Driver’s license required
For more details about how to get your license, look out for handouts at The HUB sessions, hosted by the ISCAs.

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All information is accurate as of July 2023, please check individual websites for up-to-date information.